

# WYDSRR

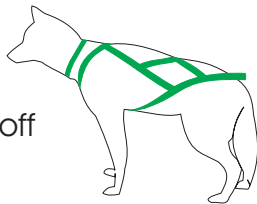
## Guidance 2004

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**CONTROL** You'd better get on well with your dogs as the only control over their enthusiasm is a few verbal commands, a snow brake and a snow anchor and these don't work well if the snow isn't deep enough!

**NUTRITION** These little canine athletes need the best food they can get. The diet equivalent of a human sprint or marathon athlete. If you ever wondered about the term 'to wolf something down' then watch these guys at feeding time.

**HARNESS** Whether it's the Northern, Sprint or X-back harness they are padded and designed to keep the weight evenly distributed and take pressure off the dog's back.

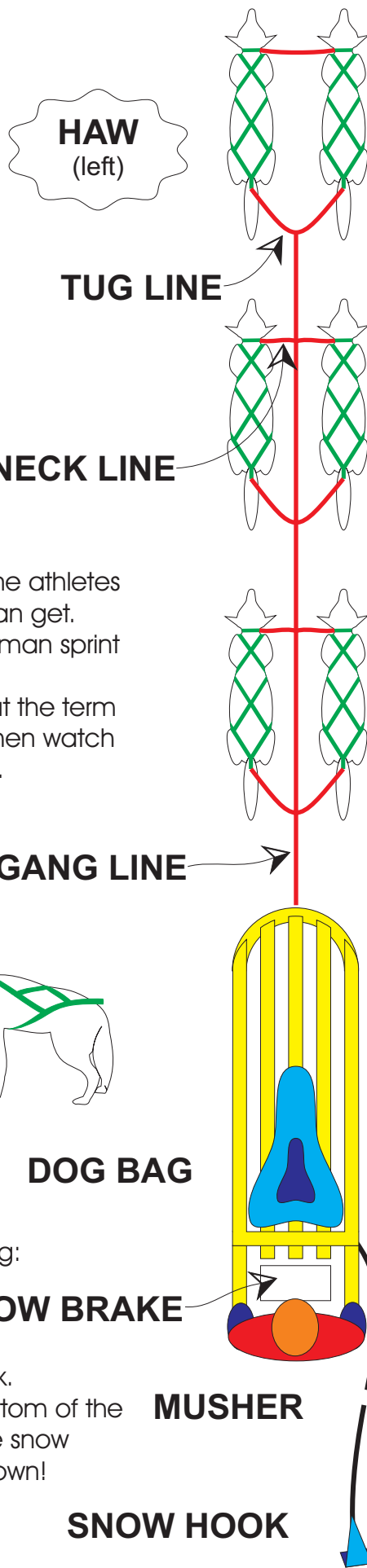


**FOOTCARE** Depending on race conditions and the dogs needs the mushers may do any of the following:

**Trim** the dog's toe nails so their not so long as they get stuck in the ice on the track.

**Paint** a dressing on the bottom of the paws. You might notice the snow near the start becomes brown!

**Wear** booties with velcro fastenings.



**BREED** Any type of dog! as long as it can do the job. The Alaskan/Siberian Husky and Malamute are the best for deep snow but the real speed merchants on hard pack tend to be crossbreeds!

**TRAINING** Yes, these dogs train; even though some of them are house dogs.

During the off season when there is no snow they get to pulling 4-wheelers to increase their levels of fitness and stamina.

Our winning teams average nearly 20mph around the course and do altitude training to increase the

oxygen carrying capacity of their blood.

**ON BY**  
(to pass another team)

**SLEDS** They can be of the traditional wooden slat design or the latest lightweight hightech composite structure. To gain a little more advantage some mushers wax the sled runners just like you'd wax your skis.

**SLED**

**LET'S GO**  
(you won't hear 'Mush')  
or **HIKE**

**SAFETY** No musher keeps a dog that bites but the dogs do get very excited at race time and tend to bounce around. So if you want to approach any of the dogs approach their musher first.

**DOG BAG**

**SNOW BRAKE**

**MUSHER**

**SNOW HOOK**

**ANCHOR ROPE**